

ABOUT THE COACH



2010 Plano East Football Camps



Head Football Coach Johnny Ringo and his staff will conduct the camps. Coach Ringo played football at the University of Texas and has been a part of teams as a head coach or assistant at both the high school and college level. Coach Ringo was named Dallas Morning News Coach of the Year in 1999, Dallas Cowboys NFL High School Coach of the Week in 2009, 2006, 1998 and 1996, and District Coach of the Year three times. He has coached teams that have been in the playoffs 14 of his 19 years at the high school level.

ABOUT THE CAMPS

They are non-contact camps geared toward in-depth football instruction at all positions. As a working camp, it is designed to teach and develop football fundamentals and techniques. The primary goal of the Plano East coaching staff is to make your athlete a better football player.

Campers will participate in on the field skill development and improvement workouts. Campers will be tested and evaluated in the areas of speed, strength, and agility. The staff will cover such topics as "The Panther Way", strength and conditioning, goal setting, teamwork, sportsmanship, character development, academics, and motivation.

Each camper will receive a camp t-shirt and is eligible for awards. Each session will conclude with a closing ceremony and awards presentation in the Plano East cafeteria.

Our QB/WR school is geared specifically for these positions. We will teach proper fundamentals and techniques during on the field skill development. We also spend time in the classroom learning the East offense and defensive recognition through video study.

Our Back to School camp for 7th-9th graders is a fundamental camp that will kick off the 2010 seasons.

CAMP DATES & REGISTRATION INFORMATION

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|---|-------------------------|----------------------------------|---------|----------------------------|
| June 7th - June 10th | 9:00 AM - NOON | Entering 2nd - 9th Grades | \$72.00 | Course Code: #112323 |
| June 14th - June 17th | 9:00 AM - NOON | Entering 2nd - 9th Grades | \$72.00 | Course Code: #112324 |
| June 29th, 30th July 6th, 8th 13th, 15th | 3:00 PM - 5:00 PM | Entering 5th - 9th Graders | \$72.00 | Course Code: #112456 |
| August 3rd - 4th | 9:00 AM - NOON | Entering 7th - 9th Graders | \$36.00 | Course Code: #112325 |

HOW TO REGISTER

Registration is available on line or via touch-tone phone beginning **March 29th** for **PISD residents** and **March 31st** for **non-PISD residents**.

No registration is possible until that date.

To use Leisure On-Line Internet, go to www.planoparks.org, then **Leisure On-Line**.

To use Touch-Tone registration, call **972-424-9278**.

To register by either of the above methods, you will need a **Family Account PIN** and **Individual ID Number**, which can be obtained by calling any Plano recreation center or the Plano Parks and Recreation administrative office at **972-941-7250**.

On-line viewing only of all Youth Sports Clinics will be available March 16th. If you do not have internet access, you may obtain a **2010 Summer Leisure catalog** from any Plano recreation center or library beginning **April 28th**. There will be an additional fee of **\$4.00** for **non-PISD residents**.

Questions:

Contact Johnny Ringo at **469-752-9200** or City of Plano Adult Sports Staff at **972-941-7278**.

CAMP FEATURES

- ◆ Fundamentals, Skill, and Techniques
- ◆ Competition Games (Panther Ball)
- ◆ Plano East Football Philosophy & Attitude
- ◆ Weight Training & Nutritional Guidance
- ◆ Camp Certificates & Awards
- ◆ Former Player Appearances

LOCATION: Camp will be held at the Plano East Athletics Fields and Indoor Activity Center (3000 Los Rios Blvd)

WHAT TO WEAR/BRING

- ⇒ Shorts, t-shirt
- ⇒ Tennis shoes or molded cleats
- ⇒ Filled water bottle, Sunscreen
- ⇒ Money for concession stand (Not Required)

For more information call:

Coach Johnny Ringo at 972-469-9200

or e-mail jringo@pisd.edu

PANTHER FIGHT NEVER DIES!